Scottish Child Abuse Inquiry

Witness Statement of

Support person present: No

1. My name is My date of birth is 1963. My contact details are known to the Inquiry.

Life before boarding school

- 2. My mother and late father, and and initially brought me up in Edinburgh. I have no brothers or sisters. We moved to Monifieth, just outside Dundee through my dad's work then on to Kirkcaldy when I was three and a half. I went to West primary school in Kirkcaldy which I enjoyed, and as far as I am aware did well. By the age of nine or ten I was in a class in excess of forty children and had a teacher who wasn't very good. Her ability to discipline was poor, the class was unruly and there wasn't much learning going on. This was the primary reason my parents decided I should go to another school. I sat various entrance exams and one of them was for Fettes junior school. We had a family friend, Mrs Porter, who worked at the school as a secretary or admin assistant, which possibly had some bearing on our choice. I was involved in the conversation and decision process with my parents about moving school.
- 3. I went for a visit to Fettes junior school with my parents and on the same day did a test. I met SNR junior school. We liked the feel of the school because it was small and very homely. I subsequently found out that I had been accepted and started at Fettes junior school in the autumn term of 1974. I would have

been eleven. The junior school was to prepare you for the senior school so was also referred to as the prep school.

Fettes Junior School, Edinburgh

Layout

- 4. Fettes junior school was in the same grounds as the senior school but was tucked away in the playing fields near to Ferry Road in Edinburgh. It had a different entrance from the road than the senior school. As you entered the prep school building there was a small reception and a cloakroom. The building was on two levels. Most of my time was in the upper level because that's where my class was. I think 1A and 1B were upstairs and beside my classroom was Mr FTG soffice. Mrs Porter's secretarial area was opposite the classroom. Again I think Classes 2A and 2B were on the lower level.
- 5. There was an adjoining building which was FTG s house which was on two levels. Some of the boarders from the prep school lived with him. CDZ was in charge of the other boarders and they lived with him. Some is the only boarder who I can remember that lived with CDZ some Both FTG and CDZ were married with children. I believe CDZ lived fairly near the school in the Comely Bank area.

Staff

6. I remember a lot of the staff. FTG was SNR Mr DGL was a teacher. Mrs Arbuthnot was an art teacher. CDZ taught mass in his late 30's, he was about 5'10" tall, with blonde wavy hair in a side parting. He had some connection with

- Most of the boys at the prep school were day pupils. I would guess that only about twenty five per cent were actual boarders. The prep school was split into four classes, 1A and 1B, which was the younger boys in their first year. 2A and 2B were boys in their second year. Each class had around sixteen boys. There were no girls. Boys were only at the prep school for two years. It was clear to me from the start that the whole point of junior school was to get you through the common entrance examination and prepare you for the senior school. All the subjects were based on the common entrance exam.
- 8. The boys I remember in my class were

 GKZ

Routine at Fettes junior school

First day

- 9. I will never forget my first day at Fettes junior school.

 above me at the school, who also lived in Kirkcaldy was supposed to look after me and get me there for my first day. I had rehearsed the train journey from Kirkcaldy with my mother so sort of knew where to get off and what bus to get. When we got to Haymarket railway station ran off with his friends and I lost him. I was in a bit of a panic and missed my bus. I walked down in the direction of the school but when I got there I couldn't find the entrance. I was upset so I knocked on some doors at nearby houses to ask for help. A man calmed me down and walked me from his house up to the school. I didn't get there until nearly ten o'clock. It was really stressful.
- 10. FTG in particular was really understanding. There were no issues with being late and I didn't get into any trouble. I have very fond memories of Mr TTG who was a charming, caring man. He comforted me that day and at some point ran through the

break and lunch times with me and told me where we ate in the refectory in the main building. I was shown into the class where I should have been and Mr was taking the class so I sat down and joined in.

11. I always felt that I had missed out on something that first day because I didn't get a chance to chat with the other boys before school started and that I was just thought of as the boy that turned up late.

Mealtimes/Food

12. We went to the refectory in the main building for our lunch. There was an area that was set aside for the junior pupils separate from the senior pupils. One of the masters from the junior school ate with us. I have no real memories of the food so I think the food must have been okay. I don't recall there being any issues with the food.

Clothing/uniform

13. Our school uniform had been designed by Mrs She didn't have a role within the school but presumably had a matron type role looking after the boarders who lived with them. The uniform consisted of grey corduroy shorts, magenta and brown woollen socks, brogues, grey shirt and grey turtle neck jumper. We had tweed jackets for special occasions. The senior school had a completely different uniform.

Leisure time

14. At school break times wooden trays came over to the prep school with cartons of milk and iced buns. They were served in the kitchen on the lower level. Afterwards we would maybe kick a football or throw a rugby ball about or play cricket. At music I learned to play the violin and also sang in the choir.

Trips and holidays

15. The only trips I ever went on were to other schools to play sport. I never went on any holiday, outdoor adventure or camping type trips. I once stayed with another boy called during the holidays. He was a boarder and lived in Broughty Ferry near Dundee.

Schooling

- 16. Assembly was around quarter to nine then lessons started at nine. We were in class until half past four apart from Tuesday and Thursday when we stopped at five past three and did sports for an hour. Generally we stayed in the same classroom and the teachers changed through the day depending on the lesson subject.
- 17. The level of education at Fettes was much better than what I had been used to in Kirkcaldy. There were probably only about sixteen boys in each class. I never felt I was being pushed when I was at West primary school whereas it was much different at Fettes. I felt right from the start at Fettes until I left Edinburgh Academy that I was encouraged to study and do well. There was a big focus on achievement. I responded well to this push in the first year at Fettes. In my second year at prep school things slipped. My significant decline in grades was noted and my report cards reflected this saying that I must try harder. I was never asked or had a discussion with anyone as to why my performance slipped and there was no investigation made to establish the cause of the deterioration in my performance. I know now it was because of the abuse I was suffering.

Sporting activities

18. There wasn't an overemphasis on sport. It was considered important but education came first before sport. We played matches on Saturdays against other schools. The sport depended on the season. It was either hockey, rugby or cricket.

Visitors

19. The only time I am aware of visitors coming into the school was on the school 'open days' where prospective pupils came in with their parents to get a feeling for the place. I think they were held twice a year. There was always a master with these people when we were in the class because he would come in with them and show them around. I am not aware of there ever being any formal inspections by anyone from outside the school. No one ever spoke to me about how I felt about the school.

Discipline

20. I don't remember anyone sitting down with me and telling me the rules of the school. I suppose I knew that I had to turn up for school on time and do my best. Generally you knew that if you did anything bad you got beaten. I got beaten once by the generally boys were sent to him if they did anything bad. The most common reason for getting sent to be punished by two was for fighting. His punishment was always the gym shoe on the backside. Boys who had been sent to him would talk about it afterwards and talk about how many times they were hit by him with the gym shoe. It was common knowledge amongst the boys that he used a gym shoe to hit you. I am not aware of him hitting any of the boys in any other way.

Relationship with peers.

I got on well with all my peers. I never had any fall-outs or arguments with any of them.I liked them all and I think they all liked me. There were no prefects in junior school.

Abuse at Fettes junior school

22. My first impression of CDZ was that he was a nice, quiet, supportive individual.

After a fairly short period of time in my first year at prep school there was an incident in the classroom with CDZ I cannot remember what the circumstances were that kicked it off but CDZ flew into a rage with one of the boys in the class. This was

the first time I saw him in full flight. It was a small classroom full of boys. His face was puce coloured, his eyes were bulging and he was screaming at this boy. He grabbed him by the hair and violently shook his head vigorously resulting in the boy's head getting bashed off the desk.

- In the classroom regularly had outbursts of anger and rage like this. He grabbed boys by the hair and shook their heads. He would hit heads off the desk. It regularly happened to He had been shaken so much that he had a bald patch on the back of his head where his hair had been pulled out. I, like a lot of the boys, used to sit and look straight ahead in fear that you were his next victim. It made you afraid to speak to him because you were frightened you would say the wrong thing and upset him. It happened to me on several occasions where pulled my hair and thumped my head off the desk and a couple of times I was thrown around the room. I saw this happening to quite a few boys in the classroom. I am surprised none of the boys injured their necks because of the force
- There was one time when all the boys from the junior school were at assembly before lessons began when CDZ attacked attacked was a boarder and lived with CDZ. We were in second year by this time. I can't remember why but it might have been something stupid like shoes weren't polished properly. It must have been just before assembly actually started and he grabbed by the hair, dragged him about and threw him against walls. He picked him off the ground then dropped him. All the time CDZ was screaming and shouting at him. I felt absolutely terrified when this was going on.
- I recollect his name as being Mr Murray but it is possible it could have been something slightly different. Mrs Orchard was there too. The two masters got involved and wrestled out of the room and there was quite a commotion. I heard a thump which may have been someone getting hit but couldn't see as they were all in the corridor. The rumours going around the school after that was that one of them had hit Mr CDZ. I think that after this incident Mr Murray left the school. I can only assume

it was because he didn't like what he saw going on and thought this behaviour was unacceptable, but I am only guessing this.

- was also clearly a sexual predator. He used to call the boys up to his desk, sometimes with their jotters to go over homework or give some other form of feedback. It started off fairly innocently for me, probably two months after I had been at prep school, and I was a bit taken aback the first time it happened. He called me up to his desk and when I was standing beside him he started stroking the back of my thigh. Slowly but surely he would work his hand up inside my shorts and then end up touching and playing with my genitals. I probably had an inkling that what he was doing wasn't right but on the other hand I must have thought that he was an adult and a housemaster so it must be alright for him to do this.
- 27. At that age I was probably still quite immature and hadn't developed physically but I remember him trying to retract my foreskin and it was painful. On another occasion he penetrated me anally with his finger and he made some comment about me having a dirty bottom. I cannot say how many times CDZ abused me in the classroom, but it happened regularly.
- 28. I saw this happening to probably fifty percent of boys in the classroom. I couldn't actually see him touching them but I could see from the way the boys were standing and the way his arm was behind their legs that he was doing something. I could also tell from the boys' reaction that he was doing the same to them.
- 29. On one occasion a boy, leapt back when CDZ was touching him at his desk. I remember distinctly the exact words that CDZ said which was "What, don't you like it?" I think this speaks volumes of CDZ controlling ability and how he got the message over that he was an adult and was in charge, and that it was us that had the problems, not him. I trusted adults at that time. CDZ planted the seed in all the boys that his behaviour was normal. He made everyone think that there was something wrong with by not liking it.

- 30. There was one other specific incident which I have not been able to come to terms with yet. I remember that after games practice I always tried not to be the last person left in the showers or in the changing room so as to avoid being on my own with CDZ He always hung around the shower rooms after games. I am not sure why, if it was because I had to clear up kit, but it ended up that I was the last person to leave so I was alone with him. I know that I was sexually abused by CDZ on this occasion but something is blocking me from accessing what actually happened. It is locked in my head and I am unable to unlock it just now.
- 31. One time we were mucking about in classroom when there was no teacher there. We had a competition going and were throwing a pair of compasses so that they stuck into the notice board. When it was my turn the compasses slipped in my hand and smashed a fluorescent light tube. There was glass everywhere.

 FTG whose office was next to our classroom, must have heard the noise and came through and asked what was going on. I admitted what had happened so he took me through to his office. He was very apologetic about it but said that he was going to have to beat me. He got a thick gym shoe and got me to bend over. He whacked me several times on the backside over my shorts so much so that I couldn't sit down for days. It was sore but I didn't need any medical attention. That was the only time I recall FTG hitting me.
- 32. I do not consider FTG to be an abuser. His punishment may not have reflected the crime, and was excessive chastisement but all things considered I did not really consider it to be abuse. His main failing was his negligence in respect that he must have known about CDZ temper and his outbursts but he never did anything about it.
- 33. The masters openly drank alcohol at lunchtimes and it seemed to be perfectly acceptable. I cannot remember if they had wine with their meal but they definitely had a liquor or a port after eating. Looking back now I find it incredible that they could drink alcohol at lunchtime then in the afternoon go back in charge of children. Often you could smell the alcohol on their breaths. I cannot remember seeing any of them drunk but it might well have contributed to

Reporting of abuse at Fettes junior school

- 34. FTG did occasionally pop his head round the door when we were in the classroom. If CDZ did have a boy at his desk it would have been easy for him to conceal what he was doing in such a way that FTG wouldn't see what he was doing. I remember that CDZ would always get pupils to turn the pages of their jotters when they were at his desk, this allowed him to keep both hands free one hand to secure you and the other to molest you. There is no doubt however that when CDZ flew into one of his rages and dragged the boys about by the hair that FTG would have heard the commotion but he never did anything about it. I have no doubt that he turned a blind eye to CDZ physical abuse.
- 35. FTG 's son was in my class at Fettes junior school but I am not sure he would have told his father what was going on. It is probable that would have seen abusing the boys at the front of the class but I do not recall having ever had a discussion with him about it. I cannot recall seeing being abused in the classroom by CDZ I dare say that all the other boys would have discussed the abuse at the front of the class by CDZ but I cannot recall a particular time or with who I might have talked about it. It wasn't the sort of thing we wanted to talk about.
- 36. I definitely told my mother about getting hit by smashed the fluorescent light tube. She was a bit disturbed that I had been beaten but said I had done wrong so deserved some form of punishment.
- 37. In relation to the incident when was beaten by CDZ at assembly, Mr Murray and Mr Mineyko obviously saw what was happening because they wrestled CDZ out the room. I remember Mr Murray running in to the assembly, presumably having heard the commotion, and he was screaming at cDZ stop that right now. Mrs Orchard would have seen what had happened too and I remember being horrified that she didn't intervene.

- 38. My overriding memory of my time at Fettes prep school was that the physical and the sexual abuse was normal behaviour. I had respect for adults and I lived with considerable fear. I must have assumed that this was what life was like at private school. I never even contemplated telling my parents about the sexual abuse by CDZ.

 I don't think I would have known how to put it into words or articulate what he was doing to me so must just have decided to go along with it. I think I did tell them about the times he shouted and screamed at me in class but they more or less said that I must have done something wrong.
- 39. In relation to the sexual abuse by CDZ there was no way I could tell anyone. He had fear instilled in us. Knowing that he could fly off the handle at any second ensured I couldn't tell anyone about what he was doing to me for fear of what might happen.

Life after Fettes junior school

- 40. When it was time to leave Fettes junior school, I could have gone to Fettes senior school but I would have had to become a boarder. My mother wouldn't have been happy with that, and neither would I. I left and went to Edinburgh Academy senior school, again as a day pupil. I wasn't abused when I was at Edinburgh Academy.
- 41. I left Edinburgh Academy at the age of eighteen. I went to a polytechnic where I studied social sciences. With the help of my father I set up a business and then got involved in consultancy work which I am still doing now. I have been married for thirty years and have three children.
- 42. In 2017 I heard about the Scottish Child Abuse Inquiry and I decided to make contact. At that time I gave a very brief account of where I had been and I named my abuser. I was told that because I had named someone the Inquiry was obliged to pass this on to the police. I felt an enormous amount of relief thinking that I had passed this on and that somebody else was actually going to do something about it.

43. In early 2020 the Inquiry contacted me and asked me to come forward as a witness. It was explained to me that just because my abusers name had been passed to the police there may not have been enough information to do anything about it. I was devastated when I heard this because I assumed nothing had been done. I was asked if I was prepared to make a statement and I did.

Impact

- 44. In my primary school in Kirkcaldy I was always in the top set. In my first year at Fettes junior school I was quite focussed on my work but I started to lose interest in academic work and didn't enjoy it. Looking back I think there is a definite link between my performance and the abuse I suffered. When the abuse started I think I just lost interest at school and stopped trying. By the time I got to Edinburgh Academy I always felt that I was catching up. I know that I could have done a lot better had I not had this setback in junior school.
- 45. I think I completely compartmentalised the abuse that I suffered at Fettes and forgot all about it for a while. I think I would have been in my early to mid-twenties when things started to surface. I can't remember how it started but I heard somewhere about children getting abused and that was when the penny started to drop with me and I began to realise that what I had experienced at Fettes was abuse. As an adult looking back, to apply rational thought to it is very difficult.
- 46. At that time I was running a business and alcohol was frequently consumed. I was drinking frequently and sometimes excessively. I started sharing my Fettes experiences with my wife. This often made me angry and want revenge. I even went through the phone book to try and find where CDZ was. For me it felt like I had unfinished business with him.
- 47. My life since I left school has been full of anger and my family have suffered because they have borne the brunt of it sometimes. I would fly off the handle at the slightest thing. I know my behaviour was unacceptable. I lost valuable time with my children

that I won't get back. My default setting was shouting at them. I am not a psychologist but I believe this goes back to the rage and anger I saw from the saw from the saw at a very impressionable time in my life — if you want people to comply with your wishes, shout at them.

- 48. The first time I told my parents about the abuse was when I was in my thirties. My mum was distraught but was also annoyed with me that I had never told her when I was at school. My father was less supportive and said that similar things happened to him as a boy and I should get over it. When I was at Fettes I didn't know what was happening and that it was wrong. It was only in adulthood that I was coming to terms with it and realised that what I had been subjected to was completely wrong.
- 49. Having told my parents about the abuse, and not getting the response that I was looking for was probably around this time that I started to suffer depression. I never sought any medical interventions initially. I started having real highs and lows and there were times in my life when I contemplated ending my own life. I have had these thoughts on and off for some time. I had some very dark moments.
- 50. I suppose for a while I was abusing alcohol and I was doing it to stop the depression.
 I only stopped drinking in the last two to three years because I decided that alcohol wasn't helping me. I know I was using it to try and mask my depression.
- 51. Being honest I cannot say one hundred percent that the abuse I suffered at Fettes junior school was the sole cause of my depression or anger. I have no doubt however that it was a contributory factor.

Treatment/support

52. In my thirties when I was depressed and at my lowest point I did consult my GP. I was prescribed medication which I have been on and off ever since. My GP also referred me for counselling through Stirling council about two years ago. I had six sessions of which two sessions we talked about what happened at school. Since my counselling I

have a very different outlook on life and still participate in a mindfulness programme which is very useful. I know now that I have a choice how I react in any situation. I no longer have any thoughts about taking my life. I finished that counselling and went for eye movement therapy called EMDR. I had a couple of sessions and the results were almost instantaneous. I am in a much better place now.

In relation to the incident when I was on my own with after sports practice part of my counselling involved trying to find out what happened between myself and CDZ I know that he penetrated me anally with his finger but I can't remember what else happened – the rest of that memory is blocked in my mind and I can't access it. So far counselling has not been able to help me remember but I know something horrible did happen.

Reporting of Abuse

I have never previously reported any of what happened to me to the police. Because I am now in a much better place, I intend making a formal report to the police.

CDZ

will be getting old now and I don't want him to die without being held accountable.

Records

55. I have been trying to find some of my school report cards which may provide additional information but I can't locate them at the moment.

Lessons to be Learned

56. It is hard to look back and think of what was in place when I was at school to protect me because over the years things have changed. When I was at school the focus was on academic achievement rather than the children's welfare. I know that protocols and

procedures are now in place to protect children. I am not sure what else could be put in place that hasn't already been.

- 57. I always wonder if would have been allowed to move from Edinburgh Academy to Fettes if the correct investigation was carried out. I don't think looking at his personal references would have made any difference because undoubtedly they wouldn't have been bad. From my experience references are very rarely bad.
- 58. I hope that everything that can be done is done to pursue CDZ and he is held accountable for what he did to me.

Other information

- father came at the end of the first year to collect and I heard, I think from some of the other boarders, that when he saw the state of his son he set about CDZ. I didn't witness this. In other pack to do his second year at Fettes.
- 60. When I arrived at Edinburgh Academy senior school I was chatting to some of the other boys and we were talking about what prep school we had gone to. That's when I learned that CDZ had been at Edinburgh Academy prep school before he went to Fettes and that he had apparently done very similar things to boys there too. This boy also told me that I should watch out for CFA and a house master, who was still at Edinburgh Academy school and he was abusing boys. In my time at Edinburgh Academy I never had any dealings with CFA and I never experienced or witnessed him abusing anyone. I heard that he got the boys to stand spread-eagled in the shower and turn around reciting nursery rhymes whilst he got his pleasure in the corner. I got this information from a a boarding pupil, who was a very reliable source. I also heard this from a couple of other boarders who were in his house.

- 61. I was also told that older brother went round after he had left school and beat CFA up. CFA lived in the boarding house next to Edinburgh Academy playing fields next to the prep school. I don't think there was any involvement of the police in relation to this.
- 62. Several years ago, I was doing my own research trying to trace CDZ and I managed to establish he was in South Africa and found an email address for him. I had the intention of emailing him but something related to historical child abuse came up at work involving a staff family member and it just made me worry about the ramifications of me contacting him because I might involve his wider family who were innocent so I decided against it.
- 63. Looking back I am mortified that the blatant behaviour and abuse by CDZ in front of the whole class was apparently acceptable. I also cannot believe how staff openly drank alcohol at lunchtime then in the afternoon went back to teaching children. I cannot say if the alcohol had an effect on CDZ or if he was more violent in the afternoon after he had consumed alcohol. It also upset me that CDZ was allowed to go from school to school without any proper investigations being made, allowing him to abuse boys at both schools.
- of these boys was in fact reported to FTG whilst I was at the school. One of these boys was GKZ who was in my class. His mother complained to FTG This was not reported to the police and was dealt with by the school committee, including Mr Chenevix-Trench. I understand that his punishment was to take a month off work and 'pull himself together'. Several years later I understand that he was sacked from the Junior school after severely beating a pupil. He then managed to get another teaching job in the Scottish Borders.
- 65. After the Scottish Child Abuse Inquiry contacted me early this year and I realised that nothing had apparently been done by the police I decided to take some legal action as well to right the wrongs that had been done. Fettes junior school had a duty of care for me as a child and to be subjected to the abuse I was, someone must recognise that it did take place and apologise to me. I felt this was the right thing and the right

time for me to do it. I have no interest in any financial compensation, and just want people to be held accountable for what happened to me. I made contact by email to Thomson's solicitors outlining my experiences and to begin a course of legal action. The lady at Thomson's, Linzi Bolland, sent me an email and told me verbally that the name CDZ and CFA had been the subject of other similar emails and they were familiar with them.

- 66. Through Thomson's solicitors I was in contact with a from the newspaper resulting in an article in their paper although I am anonymous throughout. This was done to encourage others to come forward to help my case.
- 67. I have no objection to my witness statement being published as part of the evidence to the Inquiry. I believe the facts stated in this witness statement are true.

